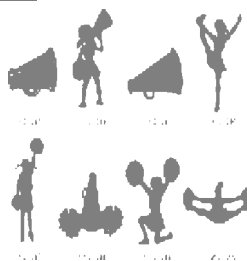
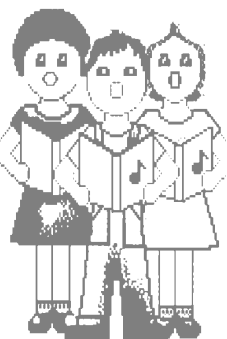
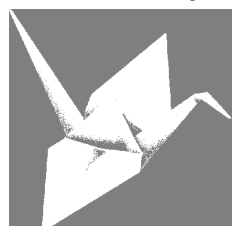
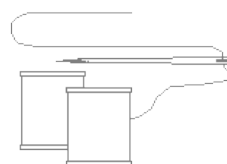
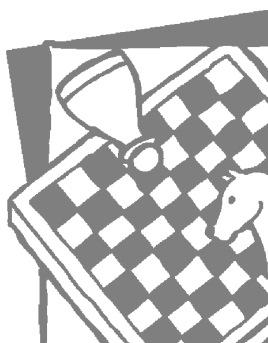




HARVARD ELEMENTARY
EAGLES NEST SPRING 2020
A-Z GUIDE
ENRICHMENT CLASS DESCRIPTIONS



EAGLE'S NEST @ HARVARD ELEMENTARY

DESCRIPTION OF ENRICHMENT CLASSES SPRING 2020

The Schedule below is sorted by ABC Order according to name of class.

A Taste of Charm & Chivalry

Grade Level **PK-5** Day **Wed** Time **3:30-4:30** Min/Max **10/20**

Course Description

A Taste of Charm and Chivalry is a great opportunity for your child to understand the rules of etiquette in an age-appropriate, fun, and engaging environment. Access to these esteem building, critical life skills help young students successfully navigate social situations and enhance their communication skills. Our unique traveling classroom approach to learning will ultimately introduce our young ladies to southern charm and our young men to the art of chivalry. Sessions are interactive, creative, and provide real-world situations and illustrations. For additional information, please visit www.MLSOE.com or contact us at 281.974.6701.

Students will learn the following skills: Proper Introduction and PowerShake, Poise & Grace, Chivalry 101, Conversation Champions, Party Politeness, A Guys Guide to Chivalry, A Girls Guide to Charm, Dressing and Grooming for All Occasions, How to be a Good Friend, Resolving Conflict/Mastering My Emotions, Dining Etiquette and Table Setting, American Style Dining 101, Continental Style of Dining 101, Tea Etiquette, and more...

Teacher Description

Monica Lewis School of Etiquette has been in business for 12 years. Mrs. Lewis is a leading expert in the industry of etiquette and protocol. She has been interviewed by Fox 26, KPRC, ABC13 and CW39. In addition she is a Best Selling Author of *Say Yes to Manners*. She is also an avid believer that social presentation and behaviors are important in order to be successful in today's society. Seeking to promote awareness of this fact, Monica is a passionate instructor who is dedicated to providing quality and professional training to her clients. With more than twelve years of experience, Mrs. Lewis is renowned for her vibrant personality and highly interactive presentation skills.

As an author, motivational speaker, wife, and mother of five Monica is committed to bringing a positive change everywhere she goes. She is actively involved in her church, community organizations, and schools. She also devotes many hours mentoring teenage girls and boys across the country.

An Engineering World (STEM)/K-2

Grade Level **K-2** Day **Mon** Time **3:30-4:30** Min/Max **8/20**

Course Description

STEM, especially Engineering is Everywhere! For half of the semester explore engineering in the **Engineering For Kids STEM Club**. Students are introduced to a new, hands-on, STEM learning lesson every week from various engineering disciplines (Aerospace, Mechanical, & Civil, to name a few). For each lesson, students focus on developing problem solving, critical thinking and peer collaboration skills using the Engineering Design Process. These life skills provide students with the confidence to approach challenges in their lives and realize that they can succeed. And the other half of the semester **Intro to Programming**: Programming and coding are becoming necessary skills for various fields of engineering. Students will be introduced to coding and develop programming skills by designing and developing simple and fun video games using MIT's Scratch or Scratch Jr programming software! **Tuition fee already includes the supply fee!**

Teacher Description

Harvard Elementary's Ms. Fairchild will be this semester's teacher! Engineering For Kids, Greater Houston Area owners are parents with degrees and real-world experience in engineering, science, and teaching, looking to make a difference in your child's life by exposing them to the World of Engineering and Making STEM Careers Come Alive! Engineering For Kids is an educational brain sport, offering high interest, hands-on, brains-on courses! Your children will further develop their critical thinking and problem solving skills at such a young age. We build engineers, not just robots. For additional information, including owner and instructor bios, please visit www.engineeringforkids.com/GreaterHouston

Art After School: Multimedia

Grade Level **1-5** Day **Thur** Time **3:30-4:30** Min/Max **5/15**

Course Description

Investigate the visual arts through hands-on art making, while learning about various artists, art movements, and art techniques. Time-tested lessons are structures to achieve a creative goal in a fun educational environment. The course content and inspirational images change each semester, allowing students to explore art on a continual basis without repetition. Students will work with a range of materials and techniques including drawing, painting, printmaking, and sculpture.

Teacher Description

TBA

ArtSmart-Early Childhood Art

Grade Level **PK-K** Day **Wed** Time **3:30-4:30** Min/Max **5/15**

Course Description

Want your child to come home with a smile?! ArtSmart introduces your child to art through their natural creative abilities. They explore color, texture, shape and various art materials which learning to freely express their feelings and ideas through the projects. They also develop fine motor skills, perceptual thinking and creative problem solving that helps in their STEM classes.

Teacher Description

TBA

Attention, Organizational & Studying Techniques

Grade Level **2-5** Day **Tues** Time **3:30-4:30** Min/Max **6/15**

Course Description

In this course your child will learn life-long study skills. We will teach different Study Techniques that will make your child homework assignments, big tests and projects much more manageable. Even if your child is a very good student, we will help to establish great study habits early to make a big impact in higher grades. We will help the students to set their personal goals and to create routines to fulfill them. Children will learn about Procrastination and its consequences. We will challenge their Will Power with practical exercises/chores they will talk in class and complete at home. They will find their own way to be more efficient, learning concentration techniques and ways to maximize their time which will help them in the years to come. Parents will be actively involved in the process from their homes.

Teacher Description

Coloquia is a Houston based company formed in March 2003. Our mission is to provide outstanding training programs for school, corporations, and individuals, facilitating the interaction of cultures from all over the world. Coloquia's instructors are multi-lingual and multi-cultural teachers and artists, ensuring the students get exposed to a great diversity of cultural influences in the process of learning. All our instructors are professionals who have undergone extensive training in the methods of teaching.

Ballet/Jazz

Grade Level **1-3** Day **Tues** Time **4:35-5:35** Min/Max **8/12**

Course Description

Classes in ballet and jazz will emphasize balance, rhythm, flexibility, musicality, and spatial awareness. These weekly sessions will aid a child in exploring movement, gaining self-confidence, and learning how to follow directions in an environment where children are having fun while learning.

Students prepare for an end of session demonstration at school. Combination Dance Class Attire: (Girls) Black Leotard, Black tights and/or black jazz/athletic pants, pink ballet slippers and black jazz shoes. (Boys) T-Shirt, Shorts, Black Ballet Shoes, and Black Jazz shoes. Please send all items marked with child's name in a separate bag so we may assist them to get dressed.

Teacher Description

DCT-DanceCheerTumbling, formerly known as Danse des Enfants/Vibe Dance & Fitness has been serving the Houston area since 1994 in dance, cheer and gymnastics instruction. Our company provides classes on the campuses of 13 preschools and elementary schools. Our instructors combined possess over 30 yrs. of dance/cheer/tumbling & teaching experience. We strive to educate children in the basic ideas/techniques of dance/cheer/gymnastics in an environment where children have fun while learning. We encourage the development of balance, rhythm, flexibility, musicality, spatial awareness & dance/cheer/tumbling vocabulary. For questions/concerns please call (713) 974-1936.

Ballet/Tap/Creative Movement

Grade Level **PK-K** Day **Tues** Time **3:30-4:30** Min/Max **8/12**

Course Description

Children's Combination Dance Classes in ballet, tap, and creative movement is now being offered at your school. Classes will emphasize balance, rhythm, flexibility, musicality, and spatial awareness for children ages 4 – 6 yrs. old. These weekly sessions will aid a child in exploring movement, gaining self-confidence, and learning how to follow directions in an environment where children are having fun while learning. **Dance Class Attire:** (Girls) Black Leotard, Pink Tights, Pink Ballet Shoes, and Black Tap Shoes. No skirts or tutus, please. (Boys) T-Shirt, Shorts, Black Ballet Shoes, and Black Tap Shoes. **Please** send all items marked with child's name in a separate bag so we may assist them to get dressed.

Teacher Description

DCT-DanceCheerTumbling, formerly known as Danse des Enfants/Vibe Dance & Fitness has been serving the Houston area since 1994 in dance, cheer and gymnastics instruction. Our company provides classes on the campuses of 13 preschools and elementary schools. Our instructors combined possess over 30 yrs. of dance/cheer/tumbling & teaching experience. We strive to educate children in the basic ideas/techniques of dance/cheer/gymnastics in an environment where children have fun while learning. We encourage the development of balance, rhythm, flexibility, musicality, spatial awareness & dance/cheer/tumbling vocabulary. For questions/concerns please call (713) 974-1936.

Cardio Kickboxing

Grade Level **K-5** Day **Fri** Time **3:30-4:30** Min/Max **5/15**

Course Description

Cardio Kickboxing is a combination of Aerobics, Boxing and Martial Arts. It is one of the most popular fitness trend to hit the world. This activity is inspired by Martial Arts and has motivated children to learn the basics of Martial Arts in a fun motivating environment.

Teacher Description

Tropa Z Fitness has been in business for over 7 years teaching a variety of dance and fitness classes to adults and children.

Chess Instruction with USA Chess/K-5

Grade Level **K-5** Day **Wed** Time **3:30-4:30** Min/Max **8/20**

Course Description

Children of all ages and abilities will be taught the game of chess from experienced tournament players. Experience Chess Coaches teach children of all abilities to play and improve their games. Beginners learn the rules and basic tactics. More experienced players will learn strategies, opening concepts, end games and more..

Teacher Description

Join in the fun with the chess clubs this semester. Experience the positive and fun teaching style and the excellent instruction and play. The course will be taught by experienced chess instructors and employ a teaching style directed at the skill level of the students which makes learning the game a fun and educational experience for children of all abilities.

Coding Club with micro:bits/Robotics Club 3-5

Grade Level **3-5** Day **Thur** Time **3:30-4:30** Min/Max **8/20**

Course Description

Engineering is everywhere! For half of the semester we will cover Coding Club with micro:bits: Programming and coding are becoming necessary skills for various fields of engineering. Students will be introduced to coding and develop programming skills in Python by using a tiny programmable computer called a micro:bit, which is designed to make learning easy and fun! The other half of the semester: LEGO Robotics Engineering and Computer Programming: Design and program with the latest generation LEGO® MINDSTORMS® Education EV3 Kits and Software, which is based on National Instruments LabVIEW, the industry-leading graphical programming language used by scientists and engineers worldwide! New to Robotics - no problem! We help you learn everything! Experienced - great! We will challenge you to the next level! On the FLL (First LEGO League) competition team - great! Come spend extra time practicing with us! Tuition fee already includes the supply fee!

Teacher Description

Harvard Elementary's Ms.Fairchild will be this semester's teacher! Engineering For Kids, Greater Houston Area owners are parents with degrees and real-world experience in engineering, science, and teaching, looking to make a difference in your child's life by exposing them to the World of Engineering and Making STEM Careers Come Alive! Engineering For Kids is an educational brain sport, offering high interest, hands-on, brains-on courses! Your children will further develop their critical thinking and problem solving skills at such a young age. We build engineers, not just robots. For additional information, including owner and instructor bios, please visit www.engineeringforkids.com/GreaterHouston

Conflict Resolution (2-5)

Grade Level **2-5** Day **Thur** Time **4:35-5:35** Min/Max **6/15**

Course Description

The objective of this class is to introduce conflict resolution skills and strategies to students. As adults encounter conflicts on their job, students also encounter conflicts at school and knowing how to effectively handle these situations are essential to their growth and development. This class is designed to teach students on how to effectively resolve conflicts, view the problems and issues from multiple perspectives, practice active listening techniques, and control and manage emotions. These will be demonstrated and implemented through appropriate and fun discussion, activities, games, and real-life scenarios.

Teacher Description

Coloquia is a Houston based company formed in March 2003. Our mission is to provide outstanding training programs for school, corporations, and individuals, facilitating the interaction of cultures from all over the world. Coloquia's instructors are multi-lingual and multi-cultural teachers and artists, ensuring the students get exposed to a great diversity of cultural influences in the process of learning. All our instructors are professionals who have undergone extensive training in the methods of teaching.

Crazy Action Contraption/Wacky Walkers

Grade Level **1-5** Day **Tues** Time **4:35-5:35** Min/Max **6/18**

Course Description

Here's your chance to be wilder and wackier than you have ever imagined. We will be doing lots of new projects including climbing robots and robot dogs with animated eyes, mouth and tails! You can add more modifications to all your builds for a superb animated effect. Join with us as we use gears and pulleys to build and battle a world of WALKING robots! We'll be making some very "crazy and bizarre" contraptions that will truly amaze you. Your imagination can go "wild" with ideas on how to create even more complicated mechanical wonders. This class will introduce you to LEGO mechanics and simple machines that you never knew were possible! Come learn, build and play with American Robotics Academy... Where Robots Rule!

Teacher Description

Our mission at American Robotics Academy® is to excite, inspire, and motivate young people about the fun, importance and impact of robotics technology in today's world. Our classes teach students to understand "how things work" through hands-on activities and STEM/STEAM curriculum that demonstrate the principles of simple and motorized machines. They gain experience with design and problem solving through the use of gears, motors, wheels and axles, pulleys, and remote-control devices.

Create your Comic Book(s)

Grade Level **2-5** Day **Mon** Time **3:30-4:30** Min/Max **5/10**

Course Description

This class introduces kids to the basics of comic creation. Simple facial expressions, speech bubbles, understanding characters, storytelling, drawing one panel comics and finally their own mini comic book creation!

Teacher Description

TBA

Creative Writing & Story Book Illustration

Grade Level K-5 Day Fri Time 3:30-4:30 Min/Max 8/20

Course Description

This class was generated because our students' parents recognized that while our students were able to draw things they saw around them or saw an image of, they were unable to illustrate their own stories or different elements of their imagination. Teachers work to introduce students to a variety of styles of writing. Students create their own stories and learn to illustrate to support them. This is a very interactive class where students are free to express themselves.

Teacher Description

The Monart school of art has been serving Houston for over 8 years. We pride ourselves in teaching free hand drawing with a progressive and unique step-by-step drawing curriculum. Monart teachers have been trained in the "Monart" methodology, which was founded by Ms. Mona Brooks, the author of teaching children how to draw; our core strength is that children learn how to break down any image into simple elements and draw them independently. Along with excellent art skills, they have a passion to teach. They are patient and work well with all students to help them overcome their difficulties.

Dance Theater - A Repertoire

Grade Level 1-5 Day Fri Time 3:30-4:30 Min/Max 8/15

Course Description

This class uniquely combines dance, music, and repertoire. The class will also demand a high level of professionalism and performance etiquette. The students will learn a variety of stage terms that will dictate the student's actions and cues through out class and performances. The Performing Arts is a great way to get them to freely express themselves through Dance, Music, and theatre all in one class. The basics and foundation of Break dancing is designed to build the students character and confidence. The students are physically trained through a series of drills and routines that will build stamina, coordination, and strength. The students will be introduced to a variety of music genres. Classical, Oldies, and Funk are some of the selections of music that will be used in the classes. NOTE: Free Healthy Hip Hop T-Shirt and you get to pick your own color!

Teacher Description

Chris Cortez has been internationally recognized in the dance community since 1998, performing, competing, instructing, and educating the youth about the art of B-Boying & Hip-Hop's positive effects on the youth. Chris Cortez is the product of one of the first in school hip-hop dance and theater programs that took place in 1998 at Spring Oaks Middle School. Kathy Wood, his instructor, and mentor educated him on performance skills and stage etiquette. Kathy spent countless hours preparing him mentally and physically for stage performances.

As a child, witnessing such a positive environment inspired Chris to reach out to the community by creating a program similar to the dance class that was instructed by Kathy Wood. This was the beginning of the Hip-Hop culture leading Chris's life into a quest of providing hope and health to the youth.

Debate Club

Grade Level 4-5 Day Mon Time 3:30-4:30 Min/Max 6/21

Course Description

Debate is exciting, empowering and fun. Youth Debate Club makes learning to debate fun while students grow as confident public speakers, critical thinkers, and collaborative teammates. Each class we will focus on different skills relevant to debate, using games, activities and age appropriate topics to teach debaters to make and respond to arguments in an upbeat, positive environment, with an emphasis on learning to consider both sides of any topic or issue. The last class there will be a Debate Match, where students showcase what they've learned by preparing to argue both sides of the session's resolution in teams, often in front of a volunteer judge. Last semester students matched up against other HISD elementary schools at Lanier MS.

Teacher Description

Harvard Elementary's 4th Grade Teacher Ms. Fitzpatrick will be this semester's teacher! Youth Debate League's goal is to empower kids to find their own voices and listen with empathy and respect to the voices of others! We are excited to work closely with Lanier MS's own Debate Coach Mr. Hill to bring this Youth Debate Club to HISD Elementary students. The confidence, self-esteem and soft skills children acquire through debate are significant and will be used for the rest of their lives; skills such as critical thinking, working on teams, and communicating ("which is both **articulating and listening to") differing opinions in a civilized way.

En Garde: Fence for Fun

Grade Level 1-5 Day Thur Time 3:30-4:30 Min/Max 10/15

Course Description

Move over three musketeers!! Fencing, a classic sport with history, drama and style, excites the imagination, encourages creativity and builds confidence in physical and mental skills. By requiring concentration, discipline and quick decision making, it improves thinking skills and academic performance. Classes for both beginners and continuing fencers are structured to provide instruction in a curriculum appropriate for young students. The sport is taught in a FUN and captivating atmosphere of games and activities with focus on physical development, coordination, fencing tactics and techniques. Students learn unique footwork, fencing actions, scoring, terminology, tournament protocol, strategy and problem resolution. MOST of all...Fencing is FUN!!!

Teacher Description

Bayou City Fencing Academy is the oldest and largest fencing facility in Harris County. Our instructors have extensive experience teaching in both public and private schools. They themselves have all been exceptional fencers. Our fencers have won gold medals in local, state and national tournaments and have gone on to some of the most prestigious universities with fencing scholarships. We are a member of the United States Fencing Association and as such have hosted National as well coordinated the Houston NCAA fencing championships and senior and junior Olympics.

Eng, Science and CSI

Grade Level K-5 Day Thur Time 3:30-4:30 Min/Max 8/15

Course Description

In this class, explore topics in Engineering, Science and CSI Investigation. Design propeller cars and roller coasters. Explore volcanoes and build a rocket to launch into the sky. Become a CSI Investigator and solve a mystery using blood and DNA analysis. This is the perfect class for the curious minded student who loves to build, create and see how things work!

Teacher Description

Camp Einstein was formed in Houston, TX by a group of educators and technology professionals. Our staff is committed to providing a world class curriculum for children ages 5-12. We deliver a hands-on, minds-on enrichment experience in a fun and creative way. Camp Einstein classes evoke imagination and discovery through scientific projects. Our unique curriculum is just as entertaining as it is educational. At Camp Einstein, campers are engaged in hands-on lessons and are motivated to use their critical thinking skills while learning principles central to engineering, the earth, and the physical sciences. We offer after- school enrichment classes, summer and winter camps, birthday parties, and workshops. We are proud to be serving the creative little minds of Texas!

Fitness for Kids!

Grade Level K-5 Day Mon Time 3:30-4:30 Min/Max 8/15

Course Description

This class will provide fun physical activities involving low impact boot camp exercises. In addition, exercises that will include teamwork, agility, etc. will be provided so that the kids will be prepared for field day activities scheduled in the school during the Spring Semester.

Teacher Description

Mini Star's focus is on developing skills directed toward the sport/fitness class they are engaging in. The challenge and excitement of playing games keeps the learning fun. As they are having fun, the students are introduced to the rules of the sport/fitness class they are engaged in.

Getting Ready Art

Grade Level K-5 Day Thur Time 3:30-4:30 Min/Max 8/20

Course Description

An introduction to representational drawing geared to the attention span and motor coordination of 4-8 year old students. Students learn to recognize the elements of shape. This program has the progressive curriculum. It is structured to give enough structure to succeed and enough freedom to express. The curriculums for the 1st semester will be handed out in the first class. All art work will be placed into their individual portfolios along with a progress report and be handed back at the last class.

Teacher Description

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Guitar Fundamentals (Private) @ M3:30 - closed

Grade Level K-5 Day Mon Time 3:30-4:00 Min/Max 1/1

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

Teacher Description

VIVO Professional Music School Houston takes pride in offering the most professional music education in Houston with a comprehensive education for students of all ages. At VIVO we seek not just to provide instruction, but also to create a musical community for our students. Feel free to visit our website: <http://vivoschoolhouston.com>

Guitar Fundamentals (Private) @ M4:05 - closed

Grade Level K-5 Day Mon Time 4:05-4:35 Min/Max 1/1

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

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Guitar Fundamentals (Private) @ M4:40 - closed

Grade Level K-5 Day Mon Time 4:40-5:10 Min/Max 1/1

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

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Guitar Fundamentals (Private) @ M5:15 - closed

Grade Level K-5 Day Mon Time 5:15-5:45 Min/Max 1/1

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

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Guitar Fundamentals (Private) @ Th3:30 - closed

Grade Level K-5 Day Thur Time 3:30-4:00 Min/Max 1/1

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

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Guitar Fundamentals (Private) @ Th4:05

Grade Level K-5 Day Thur Time 4:05-4:35 Min/Max 1/1

Course Description

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Guitar Fundamentals (Private) @ Th4:40 - closed

Grade Level K-5 Day Thur Time 4:40-5:10 Min/Max 1/1

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

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Guitar Fundamentals (Private) @ Th5:15

Grade Level **K-5** Day **Thur** Time **5:15-5:45** Min/Max **1/1**

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

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Guitar Fundamentals (Private) @ W3:30 - closed

Grade Level **K-5** Day **Wed** Time **3:30-4:00** Min/Max **1/1**

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own guitar. Highly suggested...daily practice at home is vital.**

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Grade Level **K-5** Day **Wed** Time **4:05-4:35** Min/Max **1/1**

Course Description

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Guitar Fundamentals (Private) @ W4:40

Grade Level **K-5** Day **Wed** Time **4:40-5:10** Min/Max **1/1**

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own guitar. Highly suggested...daily practice at home is vital.**

Teacher Description

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Guitar Fundamentals (Private) @ W5:15

Grade Level **K-5** Day **Wed** Time **5:15-5:45** Min/Max **1/1**

Course Description

In a weekly 30mins private lesson, students will be able to learn fundamentals of guitar while developing an interest to play guitar further. Teachers are passionate guitar players who have been playing and studying guitar for years. They all have a great passion in delivering the message of music to the young generation too. NO prior guitar experience is required. **NOTE: You must provide your own guitar. Highly suggested...daily practice at home is vital.**

Teacher Description

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Hip-Hop & Break Dance/3-4

Grade Level **3-4** Day **Mon** Time **4:35-5:35** Min/Max **8/12**

Course Description

Classes will emphasize an introduction to hip-hop movement, street/pop current style dancing, and athletic dance "tricks". Students will learn creative movements to contemporary music. Students prepare for an end of the session demonstration to be held at school. GIRLS: fitted shirt. Jazz pants/capris/workout pants and black jazz sneakers or black tennis shoes. BOYS: T-shirt or sweatshirt, shorts or sweatpants, black jazz sneakers or black tennis shoes.

Teacher Description

DCT-DanceCheerTumbling, formerly known as Danse des Enfants/Vibe Dance & Fitness has been serving the Houston area since 1994 in dance, cheer and gymnastics instruction. Our company provides classes on the campuses of 13 preschools and elementary schools. Our instructors combined possess over 30 yrs. of dance/cheer/tumbling & teaching experience. We strive to educate children in the basic ideas/techniques of dance/cheer/gymnastics in an environment where children have fun while learning. We encourage the development of balance, rhythm, flexibility, musicality, spatial awareness & dance/cheer/tumbling vocabulary. For questions/concerns please call (713) 974-1936.

Hip-Hop & Break Dance/K-2

Grade Level **K-2** Day **Mon** Time **3:30-4:30** Min/Max **8/12**

Course Description

Classes will emphasize an introduction to hip-hop movement, street/pop current style dancing, and athletic dance "tricks". Students will learn creative movements to contemporary music. Students prepare for an end of the session demonstration to be held at school. GIRLS: fitted shirt. Jazz pants/capris/workout pants and black jazz sneakers or black tennis shoes. BOYS: T-shirt or sweatshirt, shorts or sweatpants, black jazz sneakers or black tennis shoes.

Teacher Description

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Imagineers

Grade Level **PK-K** Day **Tues** Time **3:30-4:30** Min/Max **6/18**

Course Description

It's time to take your building the next level. In the Imagineers program, students are tasked with structured building. Learning how to put pieces together to create a structure, whether it be a car, house, bridge, etc. Structural Integrity is an important part of the Imagineers curriculum. Emphasis is put on not just making "cool" creations but understanding what materials and designs will keep their builds safe and sound. This class will emphasize the importance of the fundamentals of building and set the groundwork to not only make their creations structurally sound, but also prepare them to make their creations move, once they get into primary grade levels in our afterschool robotics program. Become the architect of your dreams in our Imagineers program. The possibilities are endless. Student's will be using special pieces (Lego Mini figures, trees, animals and more) to be used to tell their story around their builds.

Teacher Description

Our mission at American Robotics Academy® is to excite, inspire, and motivate young people about the fun, importance and impact of robotics technology in today's world. Our classes teach students to understand "how things work" through hands-on activities and STEM/STEAM curriculum that demonstrate the principles of simple and motorized machines. They gain experience with design and problem solving through the use of gears, motors, wheels and axles, pulleys, and remote-control devices.

Jewelry Making / Origami

Grade Level **1-5** Day **Thur** Time **3:30-4:30** Min/Max **5/12**

Course Description

This class will divide the semester with Jewelry Making and Origami. Curious in knowing what it takes to make several jewelry pieces you can wear or gift away and creating unique origami pieces? In this class, you will create pieces using a variety of materials. You will learn metalsmithing and jewelry making techniques and folding techniques. Join us!

Teacher Description

TBA

Kodu: Video Game Creations

Grade Level **1-5** Day **Mon** Time **3:30-4:30** Min/Max **8/15**

Course Description

Children create their very own video game using Kodu software by Microsoft. Kodu is software designed to teach young children the basics of coding. Using its creative method toward teaching logic used in coding, children create several video games featuring racing carts, space rovers, sputniks and many other features. Children code the characters' movement, tasks, shooting, and keeping track of the score. Lets build the coolest game yet!

Teacher Description

Guided by experienced teachers who and our custom curriculum, children create their very own video game using Kodu software by Microsoft. Kodu is software designed to teach young children the basics of coding. Its creative method toward teaching logic used in coding allows children to create several video games featuring racing carts, space rovers, sputniks and many other features. Children code the characters' movement, tasks, shooting, and keeping track of the score. Lets build the coolest game yet!

Little Hands in Action

Grade Level **PK-1** Day **Fri** Time **3:30-4:30** Min/Max **6/15**

Course Description

In this class we will encourage the fine motor skills development which involves smaller movements that occur in the wrists, hands, fingers in synchronization with the eyes. This development is considered an important part of the preschool curriculum and it is essential that children acquire their fine motor skills at an early stage. Acquiring these abilities plays a crucial role in school readiness and cognitive development, advancements in mathematics and language skills are directly correlated to the development of the fine motor system. We will encourage these little hands to grasp objects, produce arts and crafts activities like cutting shapes out of paper and gluing, finger painting, draw, trace over vertical and curve lines with crayons, markers and other material, paint with brushes, use of different materials and textures, experience nature through the fingers, and more, will help this development. Creativity will be in the middle to enlighten these Little Hands into Action.

Teacher Description

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Little Mandarin Speakers

Grade Level **PK-3** Day **Fri** Time **3:30-4:30** Min/Max **5/10**

Course Description

Each small group lesson is composed of Chinese regular language training, supplemented with aural training cultural education. The Chinese regular language class will focus on characters, words and sentences. The aural class focuses on developing, listening and communication skills, and the culture portion of the class provides fun cultural stories and activities. All the combined aspects of lessons will allow students to build a foundation of knowledge for the Chinese language with experience in culture, art, and the beauty of the language.

Teacher Description

VIVO Professional Music School takes pride in offering all levels of professional mandarin language and culture lessons to PK-5. In a weekly 60 min class, the students will experience authentic Chinese language and culture. The curriculum includes basic Chinese language communication, recognizing characters and culture experience. Our instructors are originally from China who are native-speakers of the language. They are certified in the area of Chinese teaching and have long-term experience of teaching Chinese in the US.

The instructors are native speakers of Mandarin and are highly capable of delivering the lesson both in Mandarin and English. They also have years of experience of teaching Mandarin as a foreign language here in the United States.

Little Med School/Wilderness Medicine

Grade Level **PK-5** Day **Tues** Time **3:30-4:30** Min/Max **6/12**

Course Description

Little Wilderness Medicine® encourages elementary school children to role play and explore the exciting world of wilderness medicine. Using interactive demonstrations, crafts and games, kids learn how to treat and take care of many common injuries that occur in the wild as well as awareness and safety.

Little Wilderness Medicine® brings medicine, science and the importance of health to children. Learn about poisonous snakes and the types of venom. Know the signs and symptoms of hypothermia. Learn how contaminated water can cause disease and how to filter and make clean water, and much much more.

Teacher Description

Little Medical School® brings medicine, science and the importance of health to children in an entertaining, exciting and fun way. Let your child come and experience Little Medical School®, where we are inspiring tomorrow's healthcare professionals today. Little Medical School® brings medicine, science and the importance of health to children in an entertaining, exciting and fun way. Our educational enrichment programs provide a fun, innovative, and engaging curriculum. We create an opportunity to experience role playing using tools that real doctors use. All of our curriculum is aligned with STEM objectives.

Little Picassos

Grade Level **PK-1** Day **Mon** Time **3:30-4:30** Min/Max **8/10**

Course Description

Little Picassos is tailored for the youngest of artists! Using clay, paint, and crayons, students will learn how to express themselves visually. In every class, students will be introduced to a new technique while also having fun! Students will learn how to embrace their artistic voices and leave class inspired and resilient.

Teacher Description

Young Picassos™ was founded in 2011 by Angelina Rodriguez, a licensed Psychotherapist, certified art therapist, and professional artist. The Young Picassos art program is designed to promote compassion, creativity, and socio-emotional growth in children. Each class incorporates Social and Emotional Learning (SEL) to teach children the skills necessary to understand and manage emotions.

Little Vet School DOG

Grade Level **PK-5** Day **Thur** Time **3:30-4:30** Min/Max **6/12**

Course Description

Little Veterinarian School® DOG encourages elementary school children to role play and explore the exciting world of veterinarians. Using interactive demonstrations, crafts and games, kids learn how to take care of a pet and use instruments that real veterinarians use.

It brings science and the importance of health to children in an entertaining and engaging way. Classes are designed and developed by a team of board-certified and trained physicians. **Each student will take home their own stuffed animal dog that they will adopt along with an exciting semester learning about being a veterinarian!**

Teacher Description

Little Medical School® brings medicine, science and the importance of health to children in an entertaining, exciting and fun way. Let your child come and experience Little Medical School®, where we are inspiring tomorrow's healthcare professionals today. Little Medical School® brings medicine, science and the importance of health to children in an entertaining, exciting and fun way. Our educational enrichment programs provide a fun, innovative, and engaging curriculum. We create an opportunity to experience role playing using tools that real doctors use. All of our curriculum is aligned with STEM objectives.

Mad About Hoola Hoops / 3-5

Grade Level **3-5** Day **Thur** Time **4:35-5:35** Min/Max **8/20**

Course Description

Have you dreamed of performing for exciting half-time shows like U of H, Rockets, Dynamo, Rice and more?? Then Mad About Hoops is for you! Mad About Hoops students will learn tons of impressive tricks as well as fun hula hoop choreography. Each week, students will learn proper stretching techniques, challenge themselves with new hoop skills and play hula hoop inspired games. Students in our program get fit while having fun and building self-confidence. **Every student enrolled in Mad About Hoops will be invited to**

Teacher Description

Mad About Hoops is co-owned by Amy Neel and Madison McBurney. Both are professional hula hoop performers with an extensive background in working with children. Together they run 'Mad About Hoops', the nations largest Hula Hoop after school program. Mad About Hoops has been in Houston for over 3 years and they are excited to return to Harvai Elementary for their second year.

Mad About Hoola Hoops / PK-2

Grade Level **PK-2** Day **Thur** Time **3:30-4:30** Min/Max **8/20**

Course Description

Have you dreamed of performing for exciting half-time shows like U of H, Rockets, Dynamo, Rice and more?? Then Mad About Hoops is for you! Mad About Hoops students will learn tons of impressive tricks as well as fun hula hoop choreography. Each week, students will learn proper stretching techniques, challenge themselves with new hoop skills and play hula hoop inspired games. Students in our program get fit while having fun and building self-confidence. **Every student enrolled in Mad About Hoops will be invited to**

Teacher Description

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Mad Science

Grade Level **K-5** Day **Tues** Time **3:30-4:30** Min/Max **8/15**

Course Description

Calling all Jr. Scientists! Join us this session as we explore different science topics every week through fun experiments, hands-on demonstrations and create/take home projects so they can continue to learn and have fun at home. In this session, students will create circuits and planes, discover reactions and Newton's 3 Laws of Motion, learn about cells and body basics. They will make strong bridges, an ecosystem, slush powder, a curious cube and so much more. Learn science the fun way!

Teacher Description

Mad Science of Houston has over 25 instructors on staff. All instructors go through DPS FAST Background checks. They all have paid experience working with children, have out going personalities and are specially trained to make science fun and educational.

Martial Arts/Beginners & Intermediate***

Grade Level **2-5** Day **Wed** Time **3:30-4:30** Min/Max **8/15**

Course Description

Martial arts is a way to instill discipline in children in a fun atmosphere. While doing martial arts they will learn the basic techniques of striking, kicking, leg kicks, sweeps, punches, slaps, evasion tactics, footwork, and specific kinds of stances that reflect defensive or attacking positions. In practicing these techniques children learn the basics of discipline that is the true art form of martial arts as well as respect.

Teacher Description

Mini Star's focus is on developing skills directed toward the sport/fitness class they are engaging in. The challenge and excitement of playing games keeps the learning fun. As they are having fun, the students are introduced to the rules of the sport/fitness class they are engaged in.

Painting on Canvas

Grade Level **PK-5** Day **Tues** Time **3:30-4:30** Min/Max **6/15**

Course Description

In this Painting on Canvas for beginners, students will become observers of nature and inanimate objects to discover shades of colors, light and shadows. Students will learn about color-scheme, texture and paint dilution. They will exercise different strokes. The color wheel will be introduced and students will do some exercises on canvas. Famous paintings will be observed in detail guided by the teacher's questions. Students will be set in front of a still-life, they will explore and express their ideas verbally and then they will paint their own canvas. Students will be challenge to express freely their ideas through colors and shapes. At the end of the course, we would love to have an art exhibition. Painting on Canvas for beginners is a great introductory course to Art.

Teacher Description

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Piano (Private) @ F3:30 - closed

Grade Level **PK-5** Day **Fri** Time **3:30-4:00** Min/Max **1/1**

Course Description

In a weekly 30-minute music lesson, students will receive one-on-one instruction in fundamental instrument techniques, notes reading and start to interpret the pieces with their own ideas and understandings. In addition to traditional one-on-one and group instrumental lessons, our curriculum includes music theory, ear training, sight-reading, technique, and music history. **NOTE: Highly suggested...daily practice at home is vital.**

Teacher Description

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Piano (Private) @ F4:05 - closed

Grade Level **PK-5** Day **Fri** Time **4:05-4:35** Min/Max **1/1**

Course Description

In a weekly 30-minute music lesson, students will receive one-on-one instruction in fundamental instrument techniques, notes reading and start to interpret the pieces with their own ideas and understandings. In addition to traditional one-on-one and group instrumental lessons, our curriculum includes music theory, ear training, sight-reading, technique, and music history. **NOTE: Highly suggested...daily practice at home is vital.**

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Piano (Private) @ F4:40 - closed

Grade Level **PK-5** Day **Fri** Time **4:40-5:10** Min/Max **1/1**

Course Description

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Piano (Private) @ F5:15 - closed

Grade Level **PK-5** Day **Fri** Time **5:15-5:45** Min/Max **1/1**

Course Description

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Piano (Private) @ Th3:30 - closed

Grade Level **PK-5** Day **Thur** Time **3:30-4:00** Min/Max **1/1**

Course Description

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Grade Level **PK-5** Day **Thur** Time **5:15-5:45** Min/Max **1/1**

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Piano (Private) @ Tu3:30 - closed

Grade Level **PK-5** Day **Tues** Time **3:30-4:00** Min/Max **1/1**

Course Description

In a weekly 30-minute music lesson, students will receive one-on-one instruction in fundamental instrument techniques, notes reading and start to interpret the pieces with their own ideas and understandings. In addition to traditional one-on-one and group instrumental lessons, our curriculum includes music theory, ear training, sight-reading, technique, and music history. **NOTE: Highly suggested...daily practice at home is vital.**

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Piano (Private) @ Tu4:05 - closed

Grade Level **PK-5** Day **Tues** Time **4:05-4:35** Min/Max **1/1**

Course Description

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PianoA (Private) @ M3:30 - closed

Grade Level **PK-5** Day **Mon** Time **3:30-4:00** Min/Max **1/1**

Course Description

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PianoA (Private) @ M4:05 - closed

Grade Level **PK-5** Day **Mon** Time **4:05-4:35** Min/Max **1/1**

Course Description

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PianoA (Private) @ W3:30 - closed

Grade Level **PK-5** Day **Wed** Time **3:30-4:00** Min/Max **1/1**

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PianoA (Private) @ W4:40 - closed

Grade Level **PK-5** Day **Wed** Time **4:40-5:10** Min/Max **1/1**

Course Description

In a weekly 30-minute music lesson, students will receive one-on-one instruction in fundamental instrument techniques, notes reading and start to interpret the pieces with their own ideas and understandings. In addition to traditional one-on-one and group instrumental lessons, our curriculum includes music theory, ear training, sight-reading, technique, and music history. **NOTE: Highly suggested...daily practice at home is vital.**

Teacher Description

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PianoA (Private) @ W5:15 - closed

Grade Level **PK-5** Day **Wed** Time **5:15-5:45** Min/Max **1/1**

Course Description

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PianoB (Private) @ M3:30 - closed

Grade Level **PK-5** Day **Mon** Time **3:30-4:00** Min/Max **1/1**

Course Description

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PianoB (Private) @ M4:05 - closed

Grade Level **PK-5** Day **Mon** Time **4:05-4:35** Min/Max **1/1**

Course Description

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Grade Level **PK-5** Day **Wed** Time **3:30-4:00** Min/Max **1/1**

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Public Speaking

Grade Level **2-5** Day **Mon** Time **3:30-4:30** Min/Max **6/15**

Course Description

The objective of this class is to teach students at different comfort levels how to become more clear, confident, and effective speakers. Public speaking class, in this setting, will involve students delivering speeches in front of their classmates (audience). The goal for this class is for students to know how to deliver a speech, become more knowledgeable about persuasive techniques such as eye contact, vocal projection, and body language, as well as enhance their articulation, listening, critical thinking, and social skills with peers.

Teacher Description

Coloquia is a Houston based company formed in March 2003. Our mission is to provide outstanding training programs for school, corporations, and individuals, facilitating the interaction of cultures from all over the world. Coloquia's instructors are multi-lingual and multi-cultural teachers and artists, ensuring the students get exposed to a great diversity of cultural influences in the process of learning. All our instructors are professionals who have undergone extensive training in the methods of teaching.

RAD Art

Grade Level **3-5** Day **Fri** Time **3:30-4:30** Min/Max **8/15**

Course Description

RAD ART is a hands-on, educational Art class that instructs students step by step on how to create masterpieces. Blending, sketching, and painting techniques are taught and used in class to produce their personal artwork. Students will mimic other Artist techniques and style of Art to learn a brief history of the Artist. The ART OF FAME is a wall that is specifically dedicated to the Artist projects, in which each student will display for the school to enjoy. **NOTE: Free RAD Art Apron to be used in class.**

The students will be paired into groups of 3-4 students. Each student will be given a role that will affect and determine the team's completion of the final project. This will facilitate and teach student planning skills, leadership skills, and creative skills.

Teacher Description

Chris Cortez has been internationally recognized in the dance community since 1998, performing, competing, instructing, and educating the youth about the art of B-Boying & Hip-Hop's positive effects on the youth. Chris Cortez is the product of one of the first in school hip-hop dance and theater programs that took place in 1998 at Spring Oaks Middle School. Kathy Wood, his instructor, and mentor educated him on performance skills and stage etiquette. Kathy spent countless hours preparing him mentally and physically for stage performances.

As a child, witnessing such a positive environment inspired Chris to reach out to the community by creating a program similar to the dance class that was instructed by Kathy Wood. This was the beginning of the Hip-Hop culture leading Chris's life into a quest of providing hope and health to the youth.

Reverse Engineering 1 (REV1)

Grade Level **3-5** Day **Fri** Time **3:30-4:30** Min/Max **6/18**

Course Description

Want your robot to do the robot? Ever seen a robot do the worm? In the "Rockin Robot" class, explore the different ways you can make your robot move, vibrate, and "dance". No need for step by step instructions here. Find the pieces of the "puzzle" and put them together to recreate the robot shown in the picture. Moonwalk your way to the future by thinking in reverse

Teacher Description

Our mission at American Robotics Academy® is to excite, inspire, and motivate young people about the fun, importance and impact of robotics technology in today's world. Our classes teach students to understand "how things work" through hands-on activities and STEM/STEAM curriculum that demonstrate the principles of simple and motorized machines. They gain experience with design and problem solving through the use of gears, motors, wheels and axles, pulleys, and remote-control devices.

Robo-Engineers

Grade Level **1-5** Day **Wed** Time **3:30-4:30** Min/Max **10/15**

Course Description

This STEM class is a mixed bag that combines Robotics, Engineering and Physical Science. Students will build a spaghetti bridge and test for stability, build straw rockets and balsa gliders to test speed and distance. Build the tower of power out of index cards to learn about the design process and build a human skeleton out of noodles to learn about bones. These and other modular units used in this very creative class will encourage problem solving and an understanding of various scientific principles. These hands on class for 1st through 5th graders will be above all FUN!!

Teacher Description

Our lead robotics instructor is a computer engineer. He conducts various workshops and clinics for our instructors in the latest and most innovative practices in STEM robotics. Our teachers have extensive experience in working with children and teens.

Sculpture & Clay

Grade Level **PK-5** Day **Mon** Time **3:30-4:30** Min/Max **5/10**

Course Description

Sculpture and Clay - Students will gain experience working with basic three-dimensional materials, such as clay and wood, paper, metals, and fiber. Upon completion of this course, students should be able to effectively manipulate multiple materials and create interesting and unique solutions to the inherent variations of sculpture and pottery. This class is designed to cultivate the students' creative instinct, fine motor skills, visual artistry and creating something from idea to finished state.

Teacher Description

TBA

Spanish for Life - For Former Students K-2

Grade Level K-2 Day Wed Time 3:30-4:30 Min/Max 6/15

Course Description

This course is the continuation of the Spanish Fall semester.

This course is for students who have completed the Spanish Fall 2019 semester, have studied Spanish before, and/or speak Spanish at home. This course is a continuation of the Spanish course. Our program is based on the Texas Spanish program. This course approach is conversational from the beginning. Children will be encouraged to use the acquired vocabulary in short dialogues and more complex sentences trying to communicate during the whole class only in Spanish. We will cover a wide range of vocabulary sprinkled with basic grammar and we will gradually take your child to a conversational stage. We aim to prepare children to be successful in the Spanish Subject in middle and high school. Your child will learn to communicate in the Spanish language through dialogues, readings, listenings, writings, games, songs, stories and more.

Teacher Description

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Spanish for Life 1 Part 2 - PK-1

Grade Level PK-1 Day Wed Time 3:30-4:30 Min/Max 6/15

Course Description

This course is the continuation of the Spanish Fall semester.

This course is for Beginners students. In this course your child will learn to love the Spanish language and to understand the need of it in the American society. Your child will learn to communicate in the Spanish language through dialogues, reading, listening, writing, rhymes, games, songs, crafts, stories and more. In this first formal Spanish language course, your child will enjoy learning vocabulary and practicing conversations with the teacher and between students. We will play and learn about greetings, courtesy words, personal information, school things, colors, numbers, notions like up-down, inside-outside, etc., days of the week, weather, family, face and body parts, food, likes and dislikes and more. "Spanish for Life" is so much fun your child will really enjoy this first step in learning the language.

Teacher Description

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Tumbling/Gymnastics

Grade Level PK-3 Day Fri Time 3:30-4:30 Min/Max 5/15

Course Description

An introductory class with no prior gymnastics experience. Students will learn basic techniques, vocabulary, and develop confidence in the techniques taught.

Teacher Description

Mini Star's focus is on developing skills directed toward the sport/fitness class they are engaging in. The challenge and excitement of playing games keeps the learning fun. As they are having fun, the students are introduced to the rules of the sport/fitness class they are engaged in.

Violin (Private) @ F3:30 - closed

Grade Level K-5 Day Fri Time 3:30-4:00 Min/Max 1/1

Course Description

In a weekly 30mins lesson, students will be able to learn fundamentals of violin while developing an interest to play violin further. Teachers are professional violinists graduating from University of Houston or Rice University who have been playing and studying violin for decades. They all have a great passion in delivering the message of music to the young generation. NO prior violin experience is required. **NOTE: You must provide your own instrument. Highly suggested...daily practice at home is vital.**

Teacher Description

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Violin (Private) @ F4:05

Grade Level K-5 Day Fri Time 4:05-4:35 Min/Max 1/1

Course Description

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Violin (Private) @ F5:15

Grade Level K-5 Day Fri Time 5:15-5:45 Min/Max 1/1

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Violin (Private) @ Th3:30 - closed

Grade Level K-5 Day Thur Time 3:30-4:00 Min/Max 1/1

Course Description

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Voice (Private) @ Tu3:30 - closed

Grade Level K-5 Day Tues Time 3:30-4:00 Min/Max 1/1

Course Description

In this class, the ultimate goal is to give students performance opportunities. For this to happen, students must feel confident. Therefore, the steps we will take for students to feel confident in their singing, is by the instructor setting up the classes as follows: Students will be taught warm up & breathing techniques, allow for practicing long glissando (sirens), ear-training so they can match their pitch with piano notes, teach scales and intervals, work on vowels, tone and open throat techniques. **NOTE: Highly suggested...daily practice at home is vital.**

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Grade Level K-5 Day Wed Time 3:30-4:00 Min/Max 1/1

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Grade Level **K-5** Day **Wed** Time **4:40-5:10** Min/Max **1/1**

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Voice (Private) @ W5:15

Grade Level **K-5** Day **Wed** Time **5:15-5:45** Min/Max **1/1**

Course Description

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Yoga for Kids

Grade Level **K-5** Day **Thur** Time **3:30-4:30** Min/Max **8/15**

Course Description

Yoga for children is full of very fun lessons integrating a mix of yoga poses (Asanas), games and improvisation where the goals are:

- to have a positive effect on the academic achievement, general health, personal attributes, and relationships of students.
- that each class is accompanied by other elements such as music and games.
- to learn techniques for self-health, relaxation, and inner fulfillment. Yoga at an early age encourages self-esteem and body awareness.
- to enhance flexibility, strength and coordination. In addition, their concentration and sense of calmness and breath awareness improves.
- to use improvisation, animal adaptations, story telling and visualizations for a more fun and dynamic lesson.
- to think of our self as a facilitator rather than a teacher.
- to have fun, feel good and remember to enjoy the moment.

Teacher Description

Mini Star's focus is on developing skills directed toward the sport/fitness class they are engaging in. The challenge and excitement of playing games keeps the learning fun. As they are having fun, the students are introduced to the rules of the sport/fitness class they are engaged in.

Young Picassos

Grade Level **K-5** Day **Tues** Time **3:30-4:30** Min/Max **8/12**

Course Description

Young Picassos teaches students how to express themselves visually using art! Students will learn how to cultivate their inner artist and lead creative lives. Each class designed to promote compassion, creativity, and socio-emotional growth. Students will develop their self-esteem while learning how to paint, sculpt, and draw!

Teacher Description

Young Picassos™ was founded in 2011 by Angelina Rodriguez, a licensed Psychotherapist, certified art therapist, and professional artist. The Young Picassos art program is designed to promote compassion, creativity, and socio-emotional growth in children. Each class incorporates Social and Emotional Learning (SEL) to teach children the skills necessary to understand and manage emotions.

Zumba for Kids

Grade Level **K-5** Day **Thur** Time **3:30-4:30** Min/Max **5/15**

Course Description

This class will encourage Kids to CRANK UP the music, shake, wiggle and have a blast with their friends while they are working out for fitness fun!!

Teacher Description

Tropa Z Fitness has been in business for over 7 years teaching a variety of dance and fitness classes to adults and children.